The Hongkong Japanese Club

Unit 902, 9/F., Tower 535, 535 Jaffe Road Causeway Bay, Hong Kong Tel (852) 2577 3669 Fax (852) 2577 5534

Cir.Let.No. 23763(A)

Dear Members,

1st May, 2025

■ Culture Course

Porcelain Art

You shall make your cool one to decorate on a porcelain plate(diameter 13cm) with transfer stickers of popular spot of Hong Kong pattern on this time class. It's should be your special gift too.

***The work will be picked up on or after 12th June.

Date & Time: 5th (Thu) June at 11:30~13:30

Number: 8 persons

Instructor: Ms. Natsuka HAYASHI *Conducted in English Class Fee: HK\$270 (included material and plate stand)

日語及日本文化講座

學讀日文平假名五十音及基礎旅遊日語, 學習的同時也可以了解日本文化。適合初 學者輕鬆學日文、凡有興趣之會員均可報名參加。

日 期 : 5月30日、6月6、20、27日(星期五)下午2:30~3:45

限定人數: 5~8 位

黄翎女士 *廣東話教學 學 費 : 港幣 500(包含教材)

Stretch Yoga

Yoga Incorporates stretching, blood circulation in the area of stretched improves preventing lower back pain, relieving neck and shoulder stiffness. for beginners and who wishing to stretch

Date & Time: 2, 9, 16, 23(Mon), June at $11:30 \sim 12:30$

Number: Max 10 persons

Instructor: Ms. TAKEUCHI Nina *Conducted in English

Class Fee: HK\$450 for 4 sessions

Bring along with: Yoga mat, Towel and Drinking Water

Yoga

Instructor will lead the class with various yoga postures according to the learner of different levels. It is a comfortable and relaxing course and is suitable for all ages even without yoga experience.

Date & Time: 6, 13, 20, 27 June (Fri) at 10:15~11:15

Number: Max 10 persons

Instructor: Ms. SUMIYOSHI Michiko *Conducted in English

Class Fee: HK\$450 for 4 sessions

Bring along with: Yoga mat, Towel and Drinking Water





